

Made for Brave Manifesto



Today, I will take a fresh step toward a braver life. I will make the choice to step away from the fear which has hindered me from becoming who God created me to be.

I accept the challenge to enter into a more authentic and courageous life, to embrace all of my story and trust in the divine purpose of shaping me as a courageous daughter of God.

I understand that all of my story matters, and I will choose to surround myself with the support, acceptance and collective strength of the sisterhood as I practice living out my story in the truth of brave. And I will offer others the same.

Even though I have had difficulty choosing brave in the past, I will not shame myself or allow guilt or regret to entangle my thoughts, my emotions or my heart - Today is a new day!

I won't be deceived by the fear lies that creep into my mind and heart; I will take them captive, seek the truth of God's word and accept the courage and strength available to me at all times and in all circumstances.

I will choose to believe in the hope and healing waiting on the other side of making brave and courageous choices.

I understand that living brave is not always easy and I refuse to allow circumstances or people to deter me from becoming who God created me to be. I will choose brave even when brave is hard, and I will trust God to be my strength, my counsel, and my provider.

I will seek to offer forgiveness, grace and mercy to others and to myself because I am committed from this day forward to living brave and to becoming who God created me to be.



Signed _____

Date _____